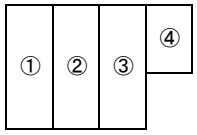
# ウェルネスエイジ　令和6年4月施設利用スケジュール

| 令和6年 | | | プール | | | | | | | | | | | | | | | | エアロフロア | | | | | | | | マシンフロア | | | | | | | | ランニングデッキ | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 日にち | 曜日 | | 9:00 | | 10:00 | | 11:00 | | 12:00 | | 13:00 | | 14:00 | | 15:00 | | 16:00 | | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 |
| 4/1 | 月 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/2 | 火 | | | | | | | | | | | | | | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/3 | 水 | | | ③ | ③ | | | ① | ① | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/4 | 木 | | | | | | ① | ③ | ③ | | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/5 | 金 | | | | | | | | | | ③ | ① | ① | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/6 | 土 | | | | | | | ③ | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/7 | 日 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/8 | 月 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/9 | 火 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/10 | 水 | | | ③ | ③ | ② | ③ | ① | ① | | ② | ③ | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/11 | 木 | | | | | | ① | ③ | ③ | | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/12 | 金 | | | | | | | | | ③ | ③ | ① | ① | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/13 | 土 | | | | | | | ③ | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/14 | 日 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/15 | 月 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/16 | 火 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/17 | 水 | | | ③ | ③ | ② | ③ | ① | ① | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/18 | 木 | | | | | | ① | ③ | ③ | | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/19 | 金 | | | | | | ② | ③ | ① | ③ | ③ | ① | ① | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/20 | 土 | | | | | | | ③ | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/21 | 日 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/22 | 月 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/23 | 火 | | | | | | | | | | | | | | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/24 | 水 | | | ③ | ③ | | | ① | ① | | ② | ③ | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/25 | 木 | | | ③ | ③ | | ① | ③ | ③ | | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/26 | 金 | | | | | | | | | ③ | ③ | ① | ① | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/27 | 土 | | | | | | | ③ | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/28 | 日 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/29 | 月 | 休館日 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4/30 | 火 | | | | | | | | | | ② | ③ | ② | ③ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

※ [　] の部分はご利用いただけません。
※ プールの所にある番号は、レーン貸しのレーン番号を記載。詳細は、下記「プールのレーン貸しについて」をご覧ください。
※ 場合によっては施設利用スケジュールの変更等がございますので、予めご了承ください。
※ 詳細につきましては、こちらまでご確認ください。**お問い合わせTEL　03(5285)8000**

**○プールレーン貸しについて**

**プールの貸出時間帯に数字が入っているところは、レーン貸しのある時間帯です。番号は貸出レーンの番号です。（右図参照）　それ以外のレーンは、一般の方の御利用が可能です。**